



# Marin Stress & Anxiety Center

Jonathan Pofsky, MFT, CMT

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## Release of Information

I, \_\_\_\_\_ (print name) hereby authorize Jonathan Pofsky, Licensed Marriage and Family Therapist, to release information about my psychotherapy or consultation with him to:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Agency/Organization

\_\_\_\_\_  
Address

\_\_\_\_\_

\_\_\_\_\_  
Telephone Number

I also hereby authorize \_\_\_\_\_ (print name of party releasing information) to release medical and/or psychological information regarding the client named above to Jonathan Pofsky, MFT.

This permission will remain in effect from \_\_\_\_\_ until \_\_\_\_\_, or until termination of treatment with Jonathan Pofsky, MFT, whichever comes first.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

If a minor/under 18,

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date